

## Genesis 25:29-34 **Birthright for Bowl of Stew**

<sup>29</sup> Now Jacob cooked a stew; and Esau came in from the field, and he was weary. <sup>30</sup> And Esau said to Jacob, "Please feed me with that same red stew, for I am weary." Therefore his name was called Edom. <sup>31</sup> But Jacob said, "Sell me your birthright as of this day." <sup>32</sup> And Esau said, "Look, I am about to die; so what is this birthright to me?" <sup>33</sup> Then Jacob said, "Swear to me as of this day." So he swore to him, and sold his birthright to Jacob. <sup>34</sup> And Jacob gave Esau bread and stew of lentils; then he ate and drank, arose, and went his way. Thus Esau despised his birthright." NKJV

Facts revealed:

- ✧ Jacob and Esau both could cook as discovered here where Jacob cooked a stew that was appealing to Esau to the extent that Esau was willing to give up his birthright for a bowl of it.

Esau could also cook as we learn when Isaac was ready to pronounce a blessing on him and asked him to hunted game and prepared Isaac's favorite dish. [[Genesis 27:1-4](#)]

- ✧ So in this story it was not a matter of life or death, but just a matter of craving what he smelled and demonstrating that he did not value the birthright as worth any thing. And the Scripture clearly states that "Esau despised his birthright."
- ✧ This is where **Esau** was first called **Edom**. He was red and he lusted for the red stew (lentils/beans).

It is also interesting that the land he chose to live in, which is today called the Land of Edom, is a land of red rock.