

## Jeremiah 45:1-5 **Message to Baruch – Your Life is Your Prize**

### Assurance to Baruch

1 The word that Jeremiah the prophet spoke to Baruch the son of Neriah, when he had written these words in a book at the instruction of Jeremiah, in the fourth year of Jehoiakim the son of Josiah, king of Judah, saying,

2 "Thus says the Lord, the God of Israel, to you, O Baruch:

3 'You said, "Woe is me now! For the Lord has added grief to my sorrow. I fainted in my sighing, and I find no rest."

4 "Thus you shall say to him, 'Thus says the Lord:

"Behold, what I have built I will break down, and what I have planted I will pluck up, that is, this whole land.

5 And do you seek great things for yourself? Do not seek them; for behold, I will bring adversity on all flesh," says the Lord. "But I will give your life to you as a prize in all places, wherever you go.""  
NKJV

### Facts Revealed:

- ✧ In the fourth year of Jehoiakim king of Judah Baruch wrote all of the words of Yahweh which He had spoken to Jeremiah over the 22 years from the beginning of his ministry to the time of this writing. [[Jeremiah 36:1-3](#)]
- ✧ Jeremiah sent him to read the words of the Book in the hearing of the king, the princes, and the people at the house of Yahweh because Jeremiah was in prison and could not go himself.
- ✧ The task was daunting to Baruch so Yahweh sent him encouragement through Jeremiah.
- ✧ What Yahweh has built and planted will be taken down through the whole land.
- ✧ Baruch is not to seek great things for himself, because Yahweh is bringing adversity on all flesh in the whole land.
- ✧ Baruch's reward for his faithful service will be his own life preserved as a prize in all places where he will go.