

Psalm 119:1-176 **Blessed are those Who Faithfully Keep the Laws of God  
Longing for God to Give Understanding & Direct our Ways  
Redeem Me From Oppression**

*Meditations on the Excellencies of the Word of God*

1. א ALEPH

Blessed *are* the undefiled in the way, Who walk in the law of Yahweh (the LORD)!

2 Blessed *are* those who keep His testimonies, Who seek Him with the whole heart!

3 They also do no iniquity; They walk in His ways.

4 You have commanded *us* To keep Your precepts diligently.

5 Oh, that my ways were directed To keep Your statutes!

6 Then I would not be ashamed, When I look into all Your commandments.

7 I will praise You with uprightness of heart, When I learn Your righteous judgments.

8 I will keep Your statutes; Oh, do not forsake me utterly!

9 ב BETH

How can a young man cleanse his way? By taking heed according to Your word.

10 With my whole heart I have sought You; Oh, let me not wander from Your commandments!

11 Your word I have hidden in my heart, That I might not sin against You.

12 Blessed *are* You, O Yahweh (LORD)! Teach me Your statutes.

13 With my lips I have declared All the judgments of Your mouth.

14 I have rejoiced in the way of Your testimonies, As *much as* in all riches.

15 I will meditate on Your precepts, And contemplate Your ways.

16 I will delight myself in Your statutes; I will not forget Your word.

17 ג GIMEL

Deal bountifully with Your servant, *That* I may live and keep Your word.

18 Open my eyes, that I may see Wondrous things from Your law.

19 I *am* a stranger in the earth; Do not hide Your commandments from me.

20 My soul breaks with longing For Your judgments at all times.

21 You rebuke the proud – the cursed, Who stray from Your commandments.

22 Remove from me reproach and contempt, For I have kept Your testimonies.

23 Princes also sit *and* speak against me, *But* Your servant meditates on Your statutes.

24 Your testimonies also *are* my delight *And* my counselors.

25 ד DALETH

My soul clings to the dust; Revive me according to Your word.

26 I have declared my ways, and You answered me; Teach me Your statutes.

27 Make me understand the way of Your precepts; So shall I meditate on Your wonderful works.

28 My soul melts from heaviness; Strengthen me according to Your word.

29 Remove from me the way of lying, And grant me Your law graciously.

30 I have chosen the way of truth; Your judgments I have laid *before me*.

31 I cling to Your testimonies; O Yahweh (LORD), do not put me to shame!

32 I will run the course of Your commandments, For You shall enlarge my heart.

33 ׀ HE

Teach me, O Yahweh (LORD), the way of Your statutes, And I shall keep it *to* the end.

34 Give me understanding, and I shall keep Your law; Indeed, I shall observe it with *my* whole heart.

35 Make me walk in the path of Your commandments, For I delight in it.

36 Incline my heart to Your testimonies, And not to covetousness.

37 Turn away my eyes from looking at worthless things, *And* revive me in Your way.\*

38 Establish Your word to Your servant, Who *is devoted* to fearing You.

39 Turn away my reproach which I dread, For Your judgments *are* good.

40 Behold, I long for Your precepts; Revive me in Your righteousness.

41 ׀ WAW

Let Your mercies come also to me, O Yahweh (LORD) – Your salvation according to Your word.

42 So shall I have an answer for him who reproaches me, For I trust in Your word.

43 And take not the word of truth utterly out of my mouth, For I have hoped in Your ordinances.

44 So shall I keep Your law continually, Forever and ever.

45 And I will walk at liberty, For I seek Your precepts.

46 I will speak of Your testimonies also before kings, And will not be ashamed.

47 And I will delight myself in Your commandments, Which I love.

48 My hands also I will lift up to Your commandments, Which I love, And I will meditate on Your statutes.

49 ׀ ZAYIN

Remember the word to Your servant, Upon which You have caused me to hope.

50 This *is* my comfort in my affliction, For Your word has given me life.

51 The proud have me in great derision, *Yet* I do not turn aside from Your law.

52 I remembered Your judgments of old, O Yahweh (LORD), And have comforted myself.

53 Indignation has taken hold of me Because of the wicked, who forsake Your law.

54 Your statutes have been my songs In the house of my pilgrimage.

55 I remember Your name in the night, O Yahweh (LORD), And I keep Your law.

56 This has become mine, Because I kept Your precepts.

57 ׀ HETH

*You are* my portion, O Yahweh (LORD); I have said that I would keep Your words.

58 I entreated Your favor with *my* whole heart; Be merciful to me according to Your word.

59 I thought about my ways, And turned my feet to Your testimonies.

60 I made haste, and did not delay To keep Your commandments.

61 The cords of the wicked have bound me, *But* I have not forgotten Your law.

62 At midnight I will rise to give thanks to You, Because of Your righteous judgments.

63 I *am* a companion of all who fear You, And of those who keep Your precepts.

64 The earth, O Yahweh (LORD), is full of Your mercy; Teach me Your statutes.

65 **ו** TETH

You have dealt well with Your servant, O Yahweh (LORD), according to Your word.

66 Teach me good judgment and knowledge, For I believe Your commandments.

67 Before I was afflicted I went astray, *But* now I keep Your word.

68 You *are* good, and do good; Teach me Your statutes.

69 The proud have forged a lie against me, *But* I will keep Your precepts with *my* whole heart.

70 Their heart is as fat as grease, *But* I delight in Your law.

71 *It is* good for me that I have been afflicted, That I may learn Your statutes.

72 The law of Your mouth *is* better to me Than thousands of *coins of* gold and silver.

73 **י** YOD

Your hands have made me and fashioned me; Give me understanding, that I may learn Your commandments.

74 Those who fear You will be glad when they see me, Because I have hoped in Your word.

75 I know, O Yahweh (LORD), that Your judgments *are* right, And *that* in faithfulness You have afflicted me.

76 Let, I pray, Your merciful kindness be for my comfort, According to Your word to Your servant.

77 Let Your tender mercies come to me, that I may live; For Your law *is* my delight.

78 Let the proud be ashamed, For they treated me wrongfully with falsehood;

*But* I will meditate on Your precepts.

79 Let those who fear You turn to me, Those who know Your testimonies.

80 Let my heart be blameless regarding Your statutes, That I may not be ashamed.

81 **כ** KAPH

My soul faints for Your salvation, *But* I hope in Your word.

82 My eyes fail *from searching* Your word, Saying, "When will You comfort me?"

83 For I have become like a wineskin in smoke, *Yet* I do not forget Your statutes.

84 How many *are* the days of Your servant? When will You execute judgment on those who persecute me?

85 The proud have dug pits for me, Which *is* not according to Your law.

86 All Your commandments *are* faithful; They persecute me wrongfully; Help me!

87 They almost made an end of me on earth, *But* I did not forsake Your precepts.

88 Revive me according to Your lovingkindness, So that I may keep the testimony of Your mouth.

89 לָ LAMED

Forever, O Yahweh (LORD), Your word is settled in heaven.

90 Your faithfulness *endures* to all generations; You established the earth, and it abides.

91 They continue this day according to Your ordinances, For all *are* Your servants.

92 Unless Your law *had been* my delight, I would then have perished in my affliction.

93 I will never forget Your precepts, For by them You have given me life.

94 I *am* Yours, save me; For I have sought Your precepts.

95 The wicked wait for me to destroy me, *But* I will consider Your testimonies.

96 I have seen the consummation of all perfection, *But* Your commandment *is* exceedingly broad.

97 מֶ MEM

Oh, how I love Your law! It *is* my meditation all the day.

98 You, through Your commandments, make me wiser than my enemies; For they *are* ever with me.

99 I have more understanding than all my teachers, For Your testimonies *are* my meditation.

100 I understand more than the ancients, Because I keep Your precepts.

101 I have restrained my feet from every evil way, That I may keep Your word.

102 I have not departed from Your judgments, For You Yourself have taught me.

103 How sweet are Your words to my taste, *Sweeter* than honey to my mouth!

104 Through Your precepts I get understanding; Therefore I hate every false way.

105 נֹ NUN

Your word *is* a lamp to my feet And a light to my path.

106 I have sworn and confirmed That I will keep Your righteous judgments.

107 I am afflicted very much; Revive me, O Yahweh (LORD), according to Your word.

108 Accept, I pray, the freewill offerings of my mouth, O Yahweh (LORD), And teach me Your judgments.

109 My life *is* continually in my hand, Yet I do not forget Your law.

110 The wicked have laid a snare for me, Yet I have not strayed from Your precepts.

111 Your testimonies I have taken as a heritage forever, For they *are* the rejoicing of my heart.

112 I have inclined my heart to perform Your statutes Forever, to the very end.

113 סֵ SAMEK

I hate the double-minded, But I love Your law.

114 You *are* my hiding place and my shield; I hope in Your word.

115 Depart from me, you evildoers, For I will keep the commandments of Elohay (my God)!

116 Uphold me according to Your word, that I may live; And do not let me be ashamed of my hope.

117 Hold me up, and I shall be safe, And I shall observe Your statutes continually.

118 You reject all those who stray from Your statutes, For their deceit *is* falsehood.

119 You put away all the wicked of the earth *like* dross; Therefore I love Your testimonies.  
120 My flesh trembles for fear of You, And I am afraid of Your judgments.

121 **ו** AYIN

I have done justice and righteousness; Do not leave me to my oppressors.

122 Be surety for Your servant for good; Do not let the proud oppress me.

123 My eyes fail *from seeking* Your salvation And Your righteous word.

124 Deal with Your servant according to Your mercy, And teach me Your statutes.

125 I *am* Your servant; Give me understanding, That I may know Your testimonies.

126 *It is* time for *You* to act, O Yahweh (LORD), *For* they have regarded Your law as void.

127 Therefore I love Your commandments More than gold, yes, than fine gold!

128 Therefore all *Your* precepts *concerning* all *things* I consider *to be* right;

I hate every false way.

129 **פ** PE

Your testimonies are wonderful; Therefore my soul keeps them.

130 The entrance of Your words gives light; It gives understanding to the simple.

131 I opened my mouth and panted, For I longed for Your commandments.

132 Look upon me and be merciful to me, As Your custom *is* toward those who love Your name.

133 Direct my steps by Your word, And let no iniquity have dominion over me.

134 Redeem me from the oppression of man, That I may keep Your precepts.

135 Make Your face shine upon Your servant, And teach me Your statutes.

136 Rivers of water run down from my eyes, Because *men* do not keep Your law.

137 **צ** TSADDE

Righteous *are* You, O Yahweh (LORD), And upright *are* Your judgments.

138 Your testimonies, *which* You have commanded, *Are* righteous and very faithful.

139 My zeal has consumed me, Because my enemies have forgotten Your words.

140 Your word *is* very pure; Therefore Your servant loves it.

141 I *am* small and despised, *Yet* I do not forget Your precepts.

142 Your righteousness *is* an everlasting righteousness, And Your law *is* truth.

143 Trouble and anguish have overtaken me, *Yet* Your commandments *are* my delights.

144 The righteousness of Your testimonies *is* everlasting; Give me understanding, and I shall live.

145 **ק** QOPH

I cry out with *my* whole heart; Hear me, O Yahweh (LORD)! I will keep Your statutes.

146 I cry out to You; Save me, and I will keep Your testimonies.

147 I rise before the dawning of the morning, And cry for help; I hope in Your word.

148 My eyes are awake through the *night* watches, That I may meditate on Your word.

149 Hear my voice according to Your lovingkindness; O Yahweh (LORD), revive me according to Your justice.

150 They draw near who follow after wickedness; They are far from Your law.

151 You *are* near, O Yahweh (LORD), And all Your commandments *are* truth.

152 Concerning Your testimonies, I have known of old that You have founded them forever.

153 ׀ RESH

Consider my affliction and deliver me, For I do not forget Your law.

154 Plead my cause and redeem me; Revive me according to Your word.

155 Salvation *is* far from the wicked, For they do not seek Your statutes.

156 Great *are* Your tender mercies, O Yahweh (LORD); Revive me according to Your judgments.

157 Many *are* my persecutors and my enemies, *Yet* I do not turn from Your testimonies.

158 I see the treacherous, and am disgusted, Because they do not keep Your word.

159 Consider how I love Your precepts; Revive me, O Yahweh (LORD), according to Your lovingkindness.

160 The entirety of Your word *is* truth, And every one of Your righteous judgments *endures* forever.

161 ׀ SHIN

Princes persecute me without a cause, But my heart stands in awe of Your word.

162 I rejoice at Your word As one who finds great treasure.

163 I hate and abhor lying, *But* I love Your law.

164 Seven times a day I praise You, Because of Your righteous judgments.

165 Great peace have those who love Your law, And nothing causes them to stumble.

166 Yahweh (LORD), I hope for Your salvation, And I do Your commandments.

167 My soul keeps Your testimonies, And I love them exceedingly.

168 I keep Your precepts and Your testimonies, For all my ways *are* before You.

169 ׀ TAU

Let my cry come before You, O Yahweh (LORD); Give me understanding according to Your word.

170 Let my supplication come before You; Deliver me according to Your word.

171 My lips shall utter praise, For You teach me Your statutes.

172 My tongue shall speak of Your word, For all Your commandments *are* righteousness.

173 Let Your hand become my help, For I have chosen Your precepts.

174 I long for Your salvation, O Yahweh (LORD), And Your law *is* my delight.

175 Let my soul live, and it shall praise You; And let Your judgments help me.

176 I have gone astray like a lost sheep; Seek Your servant, For I do not forget Your commandments.

NKJV\_

Facts Revealed:

☆ ׀ ALEPH

Blessed *are* the undefiled in the way, Who walk in the law of Yahweh (the LORD)!

Blessed *are* those who keep His testimonies, Who seek Him with the whole heart!

They also do no iniquity; They walk in His ways.

You have commanded *us* To keep Your precepts diligently.

Oh, that my ways were directed To keep Your statutes!  
Then I would not be ashamed, When I look into all Your commandments.  
I will praise You with uprightness of heart, When I learn Your righteous judgments.  
I will keep Your statutes; Oh, do not forsake me utterly! [\[Psalm 119:1-8\]](#)

- ✧ The psalmist acknowledged the blessed state of those who walk undefiled with Yahweh keeping His commandments whole heartedly.
- ✧ Then he turned to look at his own life and acknowledged that he needs divine help to keep faithful.
- ✧ That help comes as we diligently search the scriptures for guidance.
- ✧ We will praise Yahweh as we learn His righteous judgments and obey His statutes.
- ✧ His prayer is that Yahweh not utterly forsake him.

☆ **ב** BETH

How can a young man cleanse his way? By taking heed according to Your word.

With my whole heart I have sought You; Oh, let me not wander from Your commandments!

Your word I have hidden in my heart, That I might not sin against You.  
Blessed *are* You, O Yahweh (LORD)! Teach me Your statutes.  
With my lips I have declared All the judgments of Your mouth.  
I have rejoiced in the way of Your testimonies, As *much as* in all riches.

I will meditate on Your precepts, And contemplate Your ways.  
I will delight myself in Your statutes; I will not forget Your word. [\[Psalm 119:9-16\]](#)

- ✧ The Question: **How can a young man cleanse his way?**
- ✧ The Answer: **By paying close attention to the Scriptures the Word of God.**
- ✧ The Scriptures contain all we need to learn the will of God, and God helps our understanding through the guidance of the Holy Spirit.
- ✧ His prayer is that Yahweh teach him His statutes.
- ✧ The psalmist has sought the Lord whole heartedly, but feels the human tendency to wander or drift away [\[Hebrews 2:1\]](#)
- ✧ **He has hidden the Word of God in his heart that he might not sin against Yahweh.**
- ✧ He has declared all the judgments of Yahweh and has rejoiced in His testimonies as much as in all riches.
- ✧ He promised to meditate on God's precepts studying His ways.
- ✧ I will delight myself in Your statutes; I will not forget Your word.

☆ **ג** GIMEL

Deal bountifully with Your servant, *That* I may live and keep Your word.  
Open my eyes, that I may see Wondrous things from Your law.

I *am* a stranger in the earth; Do not hide Your commandments from me.  
My soul breaks with longing For Your judgments at all times.  
You rebuke the proud – the cursed, Who stray from Your commandments.  
Remove from me reproach and contempt, For I have kept Your testimonies.

Princes also sit *and* speak against me, *But* Your servant meditates on Your statutes. Your testimonies also *are* my delight *And* my counselors. [Psalm 119:17-24]

- ✧ The psalmist desires to live and keep the Word of Yahweh, but he can only do that if God enables him.
- ✧ Wonderful things are found in the Law of Yahweh as God reveals them to us for which the psalmist expressed deep longing.
- ✧ He acknowledged that we are all pilgrims on the earth who need God's guidance.

✧ 𐤃 DALETH

My soul clings to the dust; Revive me according to Your word.  
I have declared my ways, and You answered me; Teach me Your statutes.  
Make me understand the way of Your precepts; So shall I meditate on Your wonderful works.

My soul melts from heaviness; Strengthen me according to Your word.  
Remove from me the way of lying, And grant me Your law graciously.  
I have chosen the way of truth; Your judgments I have laid *before me*.  
I cling to Your testimonies; O Yahweh (LORD), do not put me to shame!  
I will run the course of Your commandments, For You shall enlarge my heart. [Psalm 119:25-32]

- ✧ The psalmist confessed that he is earth bound in sin prone flesh.
- ✧ He called on Yahweh to revive him according to His revealed Word (the scriptures).
- ✧ He has declared his ways in the past and Yahweh answered him.
- ✧ Like all of us, we need divine help to open our minds to learn His statutes and give us understanding of His precepts as we meditate on His wonderful works through the scriptures.
- ✧ With his soul weighed down with heaviness he called on Yahweh to strengthen him according to His word.
- ✧ He asked for divine help to resist the tendency of lying and to stand faithfully on God's law.
- ✧ He has chosen the way of truth and has set the scriptures before himself for guidance.
- ✧ He promised to cling to the testimonies of Yahweh and asked not to be put to shame.
- ✧ He promised to faithfully follow the commandments of Yahweh trusting the Lord to enable his heart.

✧ 𐤅 HE

Teach me, O Yahweh (LORD), the way of Your statutes, And I shall keep it *to* the end.  
Give me understanding, and I shall keep Your law; Indeed, I shall observe it with *my* whole heart.

Make me walk in the path of Your commandments, For I delight in it.  
Incline my heart to Your testimonies, And not to covetousness.  
Turn away my eyes from looking at worthless things, *And* revive me in Your way.\*  
Establish Your word to Your servant, Who *is devoted* to fearing You.  
Turn away my reproach which I dread, For Your judgments *are* good.  
Behold, I long for Your precepts; Revive me in Your righteousness. [Psalm 119:33-40]

- ✧ The Psalmist asked for Yahweh to teach him His way and give understanding with a promise to obey whole heartedly to the end.
- ✧ Because he delights in the commandments of God, he asked Yahweh to cause him to walk accordingly and incline his heart to His word.
- ✧ He asked Yahweh to turn his heart from covetousness and his eyes from worthless things.
- ✧ He asked for personal revival and the word of Yahweh to be established in his heart.
- ✧ He asked Yahweh whom he fears to take away his reproach.



- ✧ He acknowledged that the judgments and precepts of Yahweh are good and he longs for revival in His righteousness.

☆ 𐤅 WAW

Let Your mercies come also to me, O Yahweh (LORD) – Your salvation according to Your word.

So shall I have an answer for him who reproaches me, For I trust in Your word.  
And take not the word of truth utterly out of my mouth, For I have hoped in Your ordinances.

So shall I keep Your law continually, Forever and ever.

And I will walk at liberty, For I seek Your precepts.

I will speak of Your testimonies also before kings, And will not be ashamed.

And I will delight myself in Your commandments, Which I love.

My hands also I will lift up to Your commandments, Which I love, And I will meditate on Your statutes. [Psalm 119:41-48]

- ✧ Prayer for mercy and salvation according to the Word of Yahweh.
- ✧ With divine guidance the Word of Yahweh gives answers to the reproaches of men.
- ✧ Prayer for the Word of Truth to remain in his mouth as he retains his faith in the scriptures.
- ✧ Promise to keep the Law forever, to walk in liberty, seek God's precepts, and openly share the Word of Yahweh before kings unashamedly.
- ✧ He declared his delight and love for the commandments of Yahweh to which he lifts his hands meditating on His statutes.

☆ 𐤆 ZAYIN

Remember the word to Your servant, Upon which You have caused me to hope.

This *is* my comfort in my affliction, For Your word has given me life.

The proud have me in great derision, *Yet* I do not turn aside from Your law.

I remembered Your judgments of old, O Yahweh (LORD), And have comforted myself.

Indignation has taken hold of me Because of the wicked, who forsake Your law.

Your statutes have been my songs In the house of my pilgrimage.

I remember Your name in the night, O Yahweh (LORD), And I keep Your law.

This has become mine, Because I kept Your precepts. [Psalm 119:49-56]

- ✧ Prayer that Yahweh remember His promises upon which we trust.
- ✧ Your Word has given me life and comfort in times of affliction.
- ✧ I remain faithful to Your law though the proud cause great derision.
- ✧ Remembering Your commandments of old comfort me.
- ✧ I feel indignation because of the wicked who forsake Your Law.
- ✧ Your statutes have been the songs of my pilgrimage remembering Your name in the night.
- ✧ Keeping Your law and precepts has made all this mine.

☆ 𐤇 HETH

*You are* my portion, O Yahweh (LORD); I have said that I would keep Your words.

I entreated Your favor with *my* whole heart; Be merciful to me according to Your word.

I thought about my ways, And turned my feet to Your testimonies.

I made haste, and did not delay To keep Your commandments.

The cords of the wicked have bound me, *But* I have not forgotten Your law.

At midnight I will rise to give thanks to You, Because of Your righteous judgments.

I *am* a companion of all who fear You, And of those who keep Your precepts.

The earth, O Yahweh (LORD), is full of Your mercy; Teach me Your statutes. [Psalm 119:57-64]

- ✧ Yahweh is my provider and I will keep His Words faithfully.
- ✧ Wholehearted prayer for the favor and mercy of Yahweh according to His Word.
- ✧ Considering his ways, the psalmist quickly turned to the testimonies of Yahweh keeping His commandments.
- ✧ Regardless of the influence of the wicked, I have not forgotten the laws of Yahweh.
- ✧ Because of Your righteous judgments I will give You thanks in the night.
- ✧ I feel solidarity with all who fear You and obey Your precepts.
- ✧ The earth is full of the mercy of Yahweh. Teach me Your statutes.

✧ **TETH**

You have dealt well with Your servant, O Yahweh (LORD), according to Your word. Teach me good judgment and knowledge, For I believe Your commandments. Before I was afflicted I went astray, But now I keep Your word. You *are* good, and do good; Teach me Your statutes. The proud have forged a lie against me, *But* I will keep Your precepts with *my* whole heart. Their heart is as fat as grease, *But* I delight in Your law. *It is* good for me that I have been afflicted, That I may learn Your statutes. The law of Your mouth *is* better to me Than thousands of *coins of* gold and silver.

[Psalm 119:65-72]

- ✧ The psalmist acknowledged that Yahweh has dealt well with him according to Scripture.
- ✧ Still he prayed for good judgment and knowledge, while declaring his faith and obedience.
- ✧ He found value in affliction that brought him back to Yahweh and obedience.
- ✧ Now he acknowledged the goodness of Yahweh and asked for His enlightenment.
- ✧ He promised wholehearted obedience though the haughty proud have forged a lie against him.
- ✧ The Law of Yahweh is better than much gold and silver.

✧ **YOD**

Your hands have made me and fashioned me; Give me understanding, that I may learn Your commandments. Those who fear You will be glad when they see me, Because I have hoped in Your word. I know, O Yahweh (LORD), that Your judgments *are* right, And *that* in faithfulness You have afflicted me. Let, I pray, Your merciful kindness be for my comfort, According to Your word to Your servant. Let Your tender mercies come to me, that I may live; For Your law *is* my delight. Let the proud be ashamed, For they treated me wrongfully with falsehood; *But* I will meditate on Your precepts. Let those who fear You turn to me, Those who know Your testimonies. Let my heart be blameless regarding Your statutes, That I may not be ashamed. [Psalm 119:73-80]

[Psalm 119:73-80]

- ✧ The psalmist confessed that Yahweh is his creator and asked for understanding of His commandments.
- ✧ Because of his faith he feels warm welcome with all of like precious faith.
- ✧ He accepts the chastening of Yahweh knowing His judgments are right.
- ✧ He prayed for the comfort of Yahweh's merciful kindness according to His Word.

- ✧ He prayed that the proud be ashamed for treating him wrongfully with falsehood.
- ✧ He promised to meditate on Yahweh's precepts for the Law is his delight.
- ✧ He prayed that those who fear Yahweh and know His testimonies accept him.
- ✧ He prayed that his heart be blameless so he might not be ashamed.

☆ **⤴** KAPH

My soul faints for Your salvation, But I hope in Your word.

My eyes fail *from searching* Your word, Saying, "When will You comfort me?"

For I have become like a wineskin in smoke, *Yet* I do not forget Your statutes.

How many *are* the days of Your servant? When will You execute judgment on those who persecute me?

The proud have dug pits for me, Which *is* not according to Your law.

All Your commandments *are* faithful; They persecute me wrongfully; Help me!

They almost made an end of me on earth, But I did not forsake Your precepts.

Revive me according to Your lovingkindness, So that I may keep the testimony of Your mouth. [\[Psalm 119:81-88\]](#)

- ✧ Trusting in the Word of Yahweh, the psalmist longs for His salvation.
- ✧ His eyes are weary searching the Scriptures and he asked, "When will You comfort me?"
- ✧ He feels worn-out but he does not forget the statutes of Yahweh.
- ✧ He asked how many days are allotted to him? And when will Yahweh exercise judgment on his oppressors.
- ✧ He complained that proud have dug pits for him and wrongfully persecute him.
- ✧ He acknowledged that all the commandments of Yahweh are faithful, and asked for help.
- ✧ Though they nearly made an end of him, he did not forsake the precepts of Yahweh.
- ✧ He prayed for personal revival according to the loving kindness of Yahweh to enable him to continue his testimony of the scriptures.

☆ **⤵** LAMED

Forever, O Yahweh (LORD), Your word is settled in heaven.

Your faithfulness *endures* to all generations; You established the earth, and it abides.

They continue this day according to Your ordinances, For all *are* Your servants.

Unless Your law *had been* my delight, I would then have perished in my affliction.

I will never forget Your precepts, For by them You have given me life.

I *am* Yours, save me; For I have sought Your precepts.

The wicked wait for me to destroy me, *But* I will consider Your testimonies.

I have seen the consummation of all perfection, *But* Your commandment *is* exceedingly broad. [\[Psalm 119:89-96\]](#)

- ✧ The Word of Yahweh is established and unchanging in heaven forever.
- ✧ His faithfulness extends to all generations.
- ✧ He established the earth and it continues.
- ✧ The Word, His faithfulness, and the earth continue to this day according to the ordinances of Yahweh, for all His servants.
- ✧ The psalmist feels that he would have perished in his affliction without his delight in the Law.
- ✧ Yahweh has given him life by His precepts and he will never forget.
- ✧ Acknowledging he is Yahweh's he asked to be saved because he sought His precepts.
- ✧ Though the wicked wait to destroy him, his focus will be on the testimonies of Yahweh.
- ✧ He thinks he has seen the end of all perfection, however he realized that the commandment of Yahweh is exceedingly broad.

☆ 📖 MEM

Oh, how I love Your law! It *is* my meditation all the day.

You, through Your commandments, make me wiser than my enemies; For they *are* ever with me.

I have more understanding than all my teachers, For Your testimonies *are* my meditation.

I understand more than the ancients, Because I keep Your precepts.

I have restrained my feet from every evil way, That I may keep Your word.

I have not departed from Your judgments, For You Yourself have taught me.

How sweet are Your words to my taste, *Sweeter* than honey to my mouth!

Through Your precepts I get understanding; Therefore I hate every false way. [Psalm 119:97-104]

✧ Advantages of meditation on the Laws of Yahweh.

☆ 📖 NUN

Your word *is* a lamp to my feet And a light to my path.

I have sworn and confirmed That I will keep Your righteous judgments.

I am afflicted very much; Revive me, O Yahweh (LORD), according to Your word.

Accept, I pray, the freewill offerings of my mouth, O Yahweh (LORD), And teach me Your judgments.

My life *is* continually in my hand, Yet I do not forget Your law.

The wicked have laid a snare for me, Yet I have not strayed from Your precepts.

Your testimonies I have taken as a heritage forever, For they *are* the rejoicing of my heart.

I have inclined my heart to perform Your statutes Forever, to the very end. [Psalm 119:105-119]

- ✧ The psalmist acknowledged the value of the Word of Yahweh and declared his commitment to obey them.
- ✧ Though he feels afflicted very much, he asked Yahweh to revive him according to His Word.
- ✧ He asked Yahweh to accept his words and to teach him His judgments.
- ✧ In all his afflictions he promised not to forget Yahweh's law nor stray from His precepts.
- ✧ Rejoicing he has taken the testimonies of Yahweh to heart as his heritage forever, promising to perform them to the very end.

☆ 📖 SAMEK

I hate the double-minded, But I love Your law.

You *are* my hiding place and my shield; I hope in Your word.

Depart from me, you evildoers, For I will keep the commandments of Elohay (my God)!

Uphold me according to Your word, that I may live; And do not let me be ashamed of my hope.

Hold me up, and I shall be safe, And I shall observe Your statutes continually.

You reject all those who stray from Your statutes, For their deceit *is* falsehood.

You put away all the wicked of the earth *like* dross; Therefore I love Your testimonies.

My flesh trembles for fear of You, And I am afraid of Your judgments. [Psalm 119:113-120]

- ✧ The psalmist hates the double minded and wants the evildoers to depart.
- ✧ Trusting in the Word of Yahweh he asked for divine help to uphold, shelter, and protect him.
- ✧ His basis of trust is in his commitment to keep the commandments of Elohay.
- ✧ He acknowledged that Yahweh will judge the wicked who stray from His statutes.

✧ Fear of Yahweh even causes his flesh to tremble.

✧ **י** AYIN

I have done justice and righteousness; Do not leave me to my oppressors.  
Be surety for Your servant for good; Do not let the proud oppress me.  
My eyes fail *from seeking* Your salvation And Your righteous word.  
Deal with Your servant according to Your mercy, And teach me Your statutes.  
I *am* Your servant; Give me understanding, That I may know Your testimonies.  
*It is* time for *You* to act, O Yahweh (LORD), *For* they have regarded Your law as void.  
Therefore I love Your commandments More than gold, yes, than fine gold!  
Therefore all *Your* precepts *concerning* all *things* I consider *to be* right;  
I hate every false way. [Psalm 119:121-128]

- ✧ Having done justice and righteousness, the psalmist seeks divine help against his proud oppressors.
- ✧ His eyes are weary from seeking for Salvation in the righteous Word of Yahweh.
- ✧ He asked for the mercy of Yahweh and divine instruction in His statutes and testimonies.
- ✧ He feels it is time for Yahweh to act against those who think the Law is void.
- ✧ He expressed his acceptance and love for the commandments and precepts of Yahweh.
- ✧ He rightly hates every false way.

✧ **פ** PE

Your testimonies are wonderful; Therefore my soul keeps them.  
The entrance of Your words gives light; It gives understanding to the simple.  
I opened my mouth and panted, For I longed for Your commandments.  
Look upon me and be merciful to me, As Your custom *is* toward those who love Your name.  
Direct my steps by Your word, And let no iniquity have dominion over me.  
Redeem me from the oppression of man, That I may keep Your precepts.  
Make Your face shine upon Your servant, And teach me Your statutes.  
Rivers of water run down from my eyes, Because *men* do not keep Your law. [Psalm 119:129-136]

- ✧ The psalmist expressed the great value in divine guidance and understanding of the Laws of Yahweh.
- ✧ He desires the mercy of Yahweh which is shown toward those who love His Name.
- ✧ He asked for continuing divine guidance and instruction.
- ✧ He expressed his great grief because of the oppression of those who do not keep His Laws, and asked for divine shelter from them.

✧ **צ** TSADDE

Righteous *are* You, O Yahweh (LORD), And upright *are* Your judgments.  
Your testimonies, *which* You have commanded, *Are* righteous and very faithful.  
My zeal has consumed me, Because my enemies have forgotten Your words.  
Your word *is* very pure; Therefore Your servant loves it.  
I *am* small and despised, *Yet* I do not forget Your precepts.  
Your righteousness *is* an everlasting righteousness, And Your law *is* truth.  
Trouble and anguish have overtaken me, *Yet* Your commandments *are* my delights.  
The righteousness of Your testimonies *is* everlasting; Give me understanding, and I shall live. [Psalm 119:137-144]

- ✧ The psalmist expressed his love for the faithful righteousness of the Word of Yahweh.

- ✧ He expressed his trouble and anguish over his enemies who have forgotten Yahweh's Words.
- ✧ He asked for understanding by which he will live.

☆ **Q** QOPH

I cry out with *my* whole heart; Hear me, O Yahweh (LORD)! I will keep Your statutes.  
 I cry out to You; Save me, and I will keep Your testimonies.  
 I rise before the dawning of the morning, And cry for help; I hope in Your word.  
 My eyes are awake through the *night* watches, That I may meditate on Your word.  
 Hear my voice according to Your lovingkindness; O Yahweh (LORD), revive me  
 according to Your justice.

They draw near who follow after wickedness; They are far from Your law.

You *are* near, O Yahweh (LORD), And all Your commandments *are* truth.

Concerning Your testimonies, I have known of old that You have founded them  
 forever. [Psalm 119:145-152]

- ✧ In his commitment to trust and keep focused on the Words of Yahweh, the psalmist cried out for salvation and divine help and revival.
- ✧ In contrast, those who are far from Yahweh's laws follow after wickedness and close in on the saints.
- ✧ Yahweh is near, His commandments true, His testimonies eternal.

☆ **R** RESH

Consider my affliction and deliver me, For I do not forget Your law.

Plead my cause and redeem me; Revive me according to Your word.

Salvation *is* far from the wicked, For they do not seek Your statutes.

Great *are* Your tender mercies, O Yahweh (LORD); Revive me according to Your  
 judgments.

Many *are* my persecutors and my enemies, *Yet* I do not turn from Your testimonies.

I see the treacherous, and am disgusted, Because they do not keep Your word.

Consider how I love Your precepts; Revive me, O Yahweh (LORD), according to Your  
 lovingkindness.

The entirety of Your word *is* truth, And every one of Your righteous judgments *endures*  
 forever. [Psalm 119:153-160]

- ✧ Because the psalmist holds fast to the Law of Yahweh, he confidently asked for deliverance from affliction, redemption, and revival according to His Word and tender mercies.
- ✧ He acknowledged that salvation is far from the wicked who do not seek the statutes of God.
- ✧ He did not turn from the testimonies of Yahweh though his enemies are many.
- ✧ He is disgusted at the sight of the treacherous, because they do not keep the Word of Yahweh.
- ✧ The entire Word of Yahweh is truth, His righteous judgments eternal.

☆ **S** SHIN

Princes persecute me without a cause, But my heart stands in awe of Your word.

I rejoice at Your word As one who finds great treasure.

I hate and abhor lying, *But* I love Your law.

Seven times a day I praise You, Because of Your righteous judgments.

Great peace have those who love Your law, And nothing causes them to stumble.

Yahweh (LORD), I hope for Your salvation, And I do Your commandments.

My soul keeps Your testimonies, And I love them exceedingly.

I keep Your precepts and Your testimonies, For all my ways *are* before You. [Psalm  
 119:161-168]

- ✧ Princes persecute the psalmist without cause and he hates their lying.
- ✧ The psalmist expressed the great value of love and adherence to the Word of Yahweh Who knows all the ways of man.

✧ 1 TAU

Let my cry come before You, O Yahweh (LORD); Give me understanding according to Your word.

Let my supplication come before You; Deliver me according to Your word.

My lips shall utter praise, For You teach me Your statutes.

My tongue shall speak of Your word, For all Your commandments *are* righteousness.

Let Your hand become my help, For I have chosen Your precepts.

I long for Your salvation, O Yahweh (LORD), And Your law *is* my delight.

Let my soul live, and it shall praise You; And let Your judgments help me.

I have gone astray like a lost sheep; Seek Your servant, For I do not forget Your commandments. [[Psalm 119:169-176](#)]

- ✧ The psalmist asked Yahweh to hear his cry and give him understanding, deliverance, guidance and help according to His Word.
- ✧ He expressed his longing for salvation as he delights in the Law of Yahweh.
- ✧ He promised to give praise as Yahweh gives him life.
- ✧ He asked Yahweh to seek His servant who has gone astray like a lost sheep.
- ✧ Still he claims he does not forget the commandments of Yahweh.