

## Psalm 142:1-7 **David's Prayer for Deliverance from Persecutors**

### *A Plea for Relief from Persecutors*

A Contemplation\* of David. A Prayer when he was in the cave.

<sup>1</sup> I cry out to Yahweh (the LORD) with my voice; With my voice to Yahweh (the LORD) I make my supplication.

<sup>2</sup> I pour out my complaint before Him; I declare before Him my trouble.

<sup>3</sup> When my spirit was overwhelmed within me, Then You knew my path. In the way in which I walk They have secretly set a snare for me.

<sup>4</sup> Look on *my* right hand and see, For *there is* no one who acknowledges me; Refuge has failed me; No one cares for my soul.

<sup>5</sup> I cried out to You, O Yahweh (LORD): I said, "You *are* my refuge, My portion in the land of the living.

<sup>6</sup> Attend to my cry, For I am brought very low; Deliver me from my persecutors, For they are stronger than I.

<sup>7</sup> Bring my soul out of prison, That I may praise Your name; The righteous shall surround me, For You shall deal bountifully with me."

NKJV\_

#### Facts Revealed:

- ✧ I cry out to Yahweh (the LORD) with my voice; With my voice to Yahweh (the LORD) I make my supplication.  
I pour out my complaint before Him; I declare before Him my trouble. [\[Psalm 142:1-2\]](#)
- ✧ This was no silent prayer, David prayed openly.
- ✧ When my spirit was overwhelmed within me, Then You knew my path. In the way in which I walk They have secretly set a snare for me. Look on *my* right hand and see, For *there is* no one who acknowledges me; Refuge has failed me; No one cares for my soul. [\[Psalm 142:3-4\]](#)
- ✧ David's spirit felt completely overwhelmed by the aggressiveness of his persecutors.
- ✧ Yet he knew that his ways are known by Yahweh.
- ✧ I cried out to You, O Yahweh (LORD): I said, "You *are* my refuge, My portion in the land of the living. Attend to my cry, For I am brought very low; Deliver me from my persecutors, For they are stronger than I. Bring my soul out of prison, That I may praise Your name; The righteous shall surround me, For You shall deal bountifully with me." [\[Psalm 142:5-7\]](#)
- ✧ David expressed his faith in Yahweh and asked for deliverance from his strong enemies.
- ✧ David promised to praise the Name of Yahweh for His help.
- ✧ David anticipated his blessed state with the abundant help of Yahweh.