

Psalm 40:1-17 I delight to do Your will, O Elohay (my God)
Blessed is the man who makes Yahweh his trust

Faith Persevering in Trial

(Psalms 70)

To the Chief Musician. A Psalm of David.

¹ I waited patiently for Yahweh (the LORD); And He inclined to me, And heard my cry.

² He also brought me up out of a horrible pit, Out of the miry clay, And set my feet upon a rock, *And* established my steps.

³ He has put a new song in my mouth –

Praise to Eloheynu (our God); Many will see *it* and fear, And will trust in Yahweh (the LORD).

⁴ Blessed *is* that man who makes Yahweh (the LORD) his trust, And does not respect the proud, nor such as turn aside to lies.

⁵ Many, O Yahweh Elohay (LORD my God), *are* Your wonderful works *Which* You have done; And Your thoughts toward us Cannot be recounted to You in order; *If* I would declare and speak *of them*, They are more than can be numbered.

⁶ Sacrifice and offering You did not desire; My ears You have opened. Burnt offering and sin offering You did not require.

⁷ Then I said, "Behold, I come; In the scroll of the book *it is* written of me.

⁸ I delight to do Your will, O Elohay (my God), And Your law *is* within my heart."

⁹ I have proclaimed the good news of righteousness In the great assembly; Indeed, I do not restrain my lips, O Yahweh (LORD) , You Yourself know.

¹⁰ I have not hidden Your righteousness within my heart; I have declared Your faithfulness and Your salvation; I have not concealed Your lovingkindness and Your truth From the great assembly.

¹¹ Do not withhold Your tender mercies from me, O Yahweh (LORD); Let Your lovingkindness and Your truth continually preserve me.

¹² For innumerable evils have surrounded me; My iniquities have overtaken me, so that I am not able to look up; They are more than the hairs of my head; Therefore my heart fails me.

¹³ Be pleased, O Yahweh (LORD), to deliver me; O Yahweh (LORD) , make haste to help me!

¹⁴ Let them be ashamed and brought to mutual confusion Who seek to destroy my life; Let them be driven backward and brought to dishonor Who wish me evil.

¹⁵ Let them be confounded because of their shame, Who say to me, "Aha, aha!"

¹⁶ Let all those who seek You rejoice and be glad in You; Let such as love Your salvation say continually, "Yahweh (The LORD) be magnified!"

¹⁷ But I *am* poor and needy; *Yet* Adonay (the LORD) thinks upon me.
You *are* my help and my deliverer; Do not delay, O Elohay (my God).

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Facts Revealed:

- ✧ I waited patiently for Yahweh (the LORD); And He inclined to me, And heard my cry. He also brought me up out of a horrible pit, Out of the miry clay, And set my feet upon a rock, *And* established my steps.
He has put a new song in my mouth –
Praise to Eloheynuw (our God); Many will see *it* and fear, And will trust in Yahweh (the LORD).
Blessed *is* that man who makes Yahweh (the LORD) his trust, And does not respect the proud, nor such as turn aside to lies.

Many, O Yahweh Elohay (LORD my God), *are* Your wonderful works *Which* You have done; And Your thoughts toward us Cannot be recounted to You in order;
If I would declare and speak *of them*, They are more than can be numbered. [[Psalm 40:1-5](#)]

- ✧ David described the blessings of Yahweh when he waited patiently upon Him.
- ✧ David expressed the new song Yahweh put in his mouth, a song of praise and blessing.
- ✧ The wonderful works of Yahweh are more than can be numbered.
- ✧ Sacrifice and offering You did not desire; My ears You have opened.
Burnt offering and sin offering You did not require.
Then I said, "Behold, I come; In the scroll of the book *it is* written of me.
I delight to do Your will, O Elohay (my God), And Your law *is* within my heart."
[[Psalm 40:6-8](#)]
- ✧ David acknowledged that Yahweh does not desire sacrifices and offerings which are the penalty for sin.
- ✧ Yahweh delights in obedience and a willing heart for which no sacrifice is needed.
- ✧ I have proclaimed the good news of righteousness In the great assembly; Indeed, I do not restrain my lips, O Yahweh (LORD) , You Yourself know.
I have not hidden Your righteousness within my heart; I have declared Your faithfulness and Your salvation; I have not concealed Your lovingkindness and Your truth From the great assembly. [[Psalm 40:9-10](#)]
- ✧ David has not hesitated to publicly proclaim the righteousness, faithfulness, salvation loving-kindness and truth of Yahweh openly and in the great assembly.
- ✧ Do not withhold Your tender mercies from me, O Yahweh (LORD); Let Your lovingkindness and Your truth continually preserve me.
For innumerable evils have surrounded me; My iniquities have overtaken me, so that I am not able to look up; They are more than the hairs of my head; Therefore my heart fails me. [[Psalm 40:11-12](#)]
- ✧ David besought Yahweh to continue to show His tender mercy and loving kindness.
- ✧ David acknowledged his sins and the overwhelming weight of a guilty conscience.
- ✧ Be pleased, O Yahweh (LORD), to deliver me; O Yahweh (LORD) , make haste to help me!
Let them be ashamed and brought to mutual confusion Who seek to destroy my

life; Let them be driven backward and brought to dishonor Who wish me evil.
Let them be confounded because of their shame, Who say to me, "Aha, aha!"

[\[Psalm 40:13-15\]](#)

- ✧ David implored Yahweh to help and deliver him.
- ✧ David expressed a curse on his enemies all around him.
- ✧ Let all those who seek You rejoice and be glad in You; Let such as love Your salvation say continually, "Yahweh (The LORD) be magnified!" [\[Psalm 40:16\]](#)
- ✧ David pronounced a blessing on all who seek Yahweh and love His salvation.
- ✧ But I *am* poor and needy; *Yet* Adonay (the LORD) thinks upon me.
You *are* my help and my deliverer; Do not delay, O Elohay (my God). [\[Psalm 40:17\]](#)
- ✧ David acknowledged his weakness and dependence upon Adonay.
- ✧ David rejoiced that Adonay is mindful of him.
- ✧ David acknowledged that Elohay is his help and deliverer.