

## Psalm 42:1-11 **Struggling with those who ask "Where is your God?"**

### *Yearning for God in the Midst of Distresses*

To the Chief Musician. A Contemplation\* of the sons of Korah.

<sup>1</sup> As the deer pants for the water brooks, So pants my soul for You, O Elohiym (God).

<sup>2</sup> My soul thirsts for Elohiym (God), for the living El (God). When shall I come and appear before Elohiym (God)?\*

<sup>3</sup> My tears have been my food day and night, While they continually say to me, "Where is Eloheyka (your God)?"

<sup>4</sup> When I remember these *things*, I pour out my soul within me. For I used to go with the multitude; I went with them to Beit Elohiym (the house of God), With the voice of joy and praise, With a multitude that kept a pilgrim feast.

<sup>5</sup> Why are you cast down, O my soul? And *why* are you disquieted within me? Hope in Elohiym (God), for I shall yet praise Him *For* the help of His countenance.\*

<sup>6</sup> O Elohay (my God),\* my soul is cast down within me; Therefore I will remember You from the land of the Jordan, And from the heights of Hermon, From the Hill Mizar.

<sup>7</sup> Deep calls unto deep at the noise of Your waterfalls; All Your waves and billows have gone over me.

<sup>8</sup> Yahweh (The LORD) will command His lovingkindness in the daytime, And in the night His song *shall be* with me – A prayer to El (the God of) my life.

<sup>9</sup> I will say to El (God) my Rock, "Why have You forgotten me? Why do I go mourning because of the oppression of the enemy?"

<sup>10</sup> As with a breaking of my bones, My enemies reproach me, While they say to me all day long, "Where is Eloheyka (your God)?"

<sup>11</sup> Why are you cast down, O my soul? And why are you disquieted within me?

Hope in Elohiym (God); For I shall yet praise Him,  
The help of my countenance and Elohay (my God).

NKJV\_

#### Facts Revealed:

✧ As the deer pants for the water brooks, So pants my soul for You, O Elohiym (God). My soul thirsts for Elohiym (God), for the living El (God). When shall I come and appear before Elohiym (God)?\* [[Psalm 42:1-2](#)]

◇ David poetically expressed his great longing to be in the presence of Elohiym.

✧ My tears have been my food day and night, While they continually say to me, "Where is Eloheyka (your God)?"

When I remember these *things*, I pour out my soul within me. For I used to go with the multitude; I went with them to Beit Elohiym (the house of God), With the voice of joy and praise, With a multitude that kept a pilgrim feast. [[Psalm 42:3-4](#)]

- ✧ David expressed his grief at those who continually question, “Where is Eloheyka”?
- ✧ David remembered the times he went with the Saints to Beit Elohiym with joy and praise.
- ✧ Why are you cast down, O my soul? And *why* are you disquieted within me? Hope in Elohiym (God), for I shall yet praise Him *For* the help of His countenance.\* O Elohay (my God),\* my soul is cast down within me; Therefore I will remember You from the land of the Jordan, And from the heights of Hermon, From the Hill Mizar. Deep calls unto deep at the noise of Your waterfalls; All Your waves and billows have gone over me. [Psalm 42:5-7]
- ✧ David asked his soul why it is cast down and disquieted within him.
- ✧ David acknowledged that the answer is to hope in Elohiym.
- ✧ David expressed his expectation is to praise Elohiym for the comfort of His presence.
- ✧ In his prayer he confessed his depression and promised to remember Elohay wherever he goes in the land of Israel from the low land of the Jordan to the heights of Mount Hermon.
- ✧ Mentioning the waterfalls he said, “All Your waves and billows have gone over me.”
- ✧ Yahweh (The LORD) will command His lovingkindness in the daytime, And in the night His song *shall be* with me – A prayer to El (the God of) my life. I will say to El (God) my Rock, “Why have You forgotten me? Why do I go mourning because of the oppression of the enemy?” As with a breaking of my bones, My enemies reproach me, While they say to me all day long, “Where is Eloheyka (your God)?” [Psalm 42:8-10]
- ✧ David expected Yahweh to show His loving kindness and give him a song in the night.
- ✧ David prayed to El, “Why have You forgotten me? Why do I go mourning because of the oppression of the enemy?”
- ✧ David expressed his spiritual agony when the enemy continually question where is Eloheyka?
- ✧ This is the same challenge today from unbelievers who say God is dead and condemn the faith of Believers.
- ✧ Why are you cast down, O my soul? And why are you disquieted within me? Hope in Elohiym (God); For I shall yet praise Him, The help of my countenance and Elohay (my God). [Psalm 42:11]
- ✧ For emphasis, David repeated the same question.
- ✧ David repeated his answer, to hope in Elohiym, and his expectation to yet praise Elohay Who comforts his soul and gives him a joyful countenance.